



## BUILDING CONNECTIONS

Campus Connections is a therapeutic mentoring program in which at-risk middle school students meet with an undergraduate mentor and talk about topics such as academics, college prep, social skills development, and character building. The mentors provide one-on-one service with the students while under the supervision of graduate students and licensed professors.

## DIRECTORS DISPATCH





### Dear Campus Community & Community Stakeholders,

It has been such a privilege to join the UCCS faculty and get to work with the Campus Connections program. We had 20 mentors, 4 mentor coaches, and 20 mentees join us for this semester long program. It was nice to be able to see each other every Thursday throughout the fall. We enjoyed many fun activities planned by the mentors and sometimes even the Campus Connection Graduate Assistants. Each week we were able to enjoy dinner together at Roaring Fork, one of the dining halls on campus.

This semester the mentees and mentors experienced various mindfulness lessons through a collaborative research project spearheaded by Colorado State University in Fort Collins and conducted alongside the University of Northern Colorado in Greeley. Everyone learned how to BREATHE, ask what each of these letters stands for and how they can be implemented to make life stresses a little easier to get through each day. We are so thankful for our partnership with District 11, UCCS dining services, and our other community partners. We are always looking for ways to grow our knowledge and our program. We look forward to adding additional partners and opportunities for growth in the future. On behalf of he entrie team at Campus Connections and the Department of Counseling and Human Services, I would like to thank all of you for your continued support of this innovative program.

Sincerely,

Rachel Ratliff, Phd, Instructor for UCCS Campus Connections

#### STUDENTS &STAFF





#### Instructors&Directors

Assistant Professor, School Counseling Coordinator-

Kim Severn, PhD
Campus Connections&Field Expereince
Program ManagerMolly Cammell, MA

InstructorKodi Enkler
InstructorRachel Ratliff
Academic Support Professional—
Tylor Teel



#### Grad-Assistants& Counseling Staff

Graduate Assistant Lead-Emily Schaad Graduate Assistant-Mya Guerra Graduate Assistant-Kimberly Burriesce Graduate Assistant-Shannon Tiffenbach Counseling Intern-Jessica Archuleta-Trujuilio Counseling Intern-Haley Brimm



#### **Mentors**

Mariah Armijo
Gabby Bivens
Jayden Brunson
Sophia Castillo
Raelee Chavez
Hannah Chopiwskyj
Courtney Cook
Kaylin Finch
Seth Fuller
Jayda Glover
Eli Harper

Jean Paul Laurenceau Noelle Lopez Alexander Meyers Emma Morris Kevin Ovalle Kane Ruiz Jonathan Thompson Riley Waggoner Jessica Wiener Robynette Wruck Kimberly Yates Emily Horne

# BECOME A MENTOR



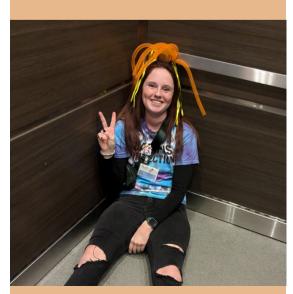




- Thursdays 3pm-8pm
- 3 credit hours
- Host your own activity
- Fulfills sumit req.



Contact Us! cconnect@uccs.edu uccs.edu/campusconnections





## GRADUATE PERSPECTIVE





#### **Mya Guerra**

Campus Connections has been such an incredible community to be part of.
During my undergrad, serving as a mentor had a profound impact on me, and I'm beyond grateful to now be a graduate assistant in my masters program. Working with middle schoolers isn't just a lot of fun--it's truly heartwarming to see their growth week after week. It's the little moments that make the biggest difference in their lives, and this program continues to create meaningful change for so many.

#### **Shannon Tiffenbach**

Campus Connections holds such a large part of my heart. Beginning in undergrad, I have been blessed to see how this program positively influences not just the kiddos--but the mentors as well. It is full of fun, laughter, learning, and most of all, connection. If I could go back in time, the only change would be to have joined sooner.



# GROW CONNECTIONS THE MENTOR

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