

# Department of Counseling & Human Services

UNIVERSITY OF COLORADO COLORADO SPRINGS

# **Minor in Human Services**

Revised December 2014

#### **Mission Statement**

The mission of the Department of Counseling and Human Services at UCCS is to provide excellence in professional preparation of undergraduate, masters and advanced degree seeking students. Experienced faculty delivers high quality professional education that leads to transformational change. Using a reflective, ethical, developmental and systemic lens, students develop counseling knowledge and skills and personal characteristics to become facilitators of change and social justice among diverse clientele.

#### **General Information**

The Department of Counseling and Human Services (DCHS) within the College of Education at the University of Colorado **Colorado Springs**, also offers the Master of Arts degree in Counseling and Human Services. The objective of this Master of Arts degree is to prepare professional counselors and other human services personnel who are fully qualified to work in schools, mental health agencies, private practice, universities, the military, business and industry, and other human services organizations throughout Colorado and the nation.

Two specialization tracks are available for students pursuing the Counseling and Human Services Master of Arts degree. The two tracks are Clinical Mental Health Counseling (CMHC) and School Counseling (SC). A third program, Counseling and Leadership (CL), is only open to candidates who will be employed at the United States Air Force Academy as Air Officer Commanding personnel (AOC).

The Clinical Mental Health and School Counseling tracks are nationally recognized through their accreditation by the Council for Accreditation of Counseling and Related Educational Programs (CACREP). The School Counseling track is additionally accredited by the National Council for Accreditation of Teacher Education (NCATE) and the Colorado Department of Education (CDE). Both degrees entail a 60 semester hour curriculum to meet the 2009 CACREP Standards.

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## **HUMAN SERVICES CURRICULUM**

#### **Human Services Minor**

Human Services is one of the fastest growing fields in the country. The Human Services minor at the University of Colorado **Colorado Springs** emphasizes personal growth, theory-based practices, and experiential learning through fieldwork placement. The Human Services minor provides both the academic and experiential background for the student seeking a career working with diverse populations in the varied and expanding field of Human Services.

#### What is Human Services?

The field of Human Services is broadly defined, uniquely approaching the objective of meeting human needs through an interdisciplinary knowledge base, focusing on prevention as well as remediation of problems, and maintaining a commitment to improving the overall quality of life of service populations. The Human Services profession is one which promotes improved service delivery systems by addressing not only the quality of direct services, but also by seeking to improve accessibility, accountability, and coordination among professionals and agencies in service delivery.

### I. Core Courses (18 credits)

COUN 2000	Introduction to Human Services	3
COUN 3000	Intracultural Socialization Patterns	3
COUN 3400	Ethics and Case Management	3
COUN 3500	Group Dynamics and Group Process	3
COUN 3110	Interpersonal Communication, Interviewing & Mediation Sk	cills 3
COUN 4950	Practicum in Human Services	3

#### II. Elective Courses (Select 6 credits)

COUN 2500	Introductions to Addictions	3
COUN 4000	Introduction to the Counseling Profession	3
COUN 3100	Career Planning	3
COUN 4070	Adventure Education & Experiential Learning	3
COUN 4500	Wellness, Resiliency, and Emotional Intelligence	3

Total Hours 24

#### **Admissions Process**

 Schedule an admissions and information interview with a Department of Counseling and Human Services faculty member early in the process. The goal of this appointment is to answer questions you have about the program, clarify the procedures for admission to the program, and to determine your level of interest in and preparation for the program. Call 719-255-4996 or <a href="mailto:education@uccs.edu">education@uccs.edu</a> to set up the appointment.