CONTSNTS

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PHOTO SPOTLIGHT

Members of the first-ever SAHE minor attend the College Personnel Association of Colorado: Careers in Student Affairs institute at Colorado State University in Fort Collins. From left: Amner Carmona, Feliz Luna, Kristen LaRoy
ANNNOUNCEMENTS

Congratulations Fall 2017 SAHE Graduates!

Brittany Beard
Greg Gentry
Michele Motley
Hanna Smith

Upcoming Conferences:

Regional:
NACADA: The Global Community for Academic Advising Region 10: May 21-23, 2018 in Midway, UT

Association for Orientation, Retention, and Transition (formerly the National Orientation Directors Association)
Region 3: April 6-7, 2018 in Albuquerque, NM

National:
National Association of Campus Activities (NACA):
February 17-21, 2018 in Boston, MA

National Association of Student Personnel Administrators (NASPA):
March 3-7, 2018 in Philadelphia, PA

NIRSA: Leaders in Collegiate Recreation:
March 4-7, 2018 in Denver, CO

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Dr. Patty Witkowsky presents updates on the SAHE program to graduate assistant and practicum supervisors, alumni and other interested parties at the annual “Friends of SAHE” lunch.

Save the Date for a dinner and celebration of SAHE!

Friday, September 7th, 2018 6pm-8pm
Formal invitation coming May 2018
Members of the second year cohort attend their classmate, Brittany Jackson’s wedding. From left: Alex Baker, Jonathan Stephenson, Will Schifflbein, Jason Gabriel, Brittany and her husband Ovidio, Jake Murphy, Molly Cammell and Ryan Walsh.

SAHE Alumni & Student Mentor Program

Rachael Clark, First year SAHE
Mentor: Katherine Reyes, Academic Advisor, UCCS

Lori French, First year SAHE
Mentor: Rachel Gibson, Assistant Director, Disability Services, UCCS

Alexandria Joo, First year SAHE
Mentor: Eric Nissen, Associate Director, Marketing and eCommunication, UCCS

Carolyn Alvey, First year SAHE
Mentor: Jessica Whelehan-Throw, Admission Counselor, Colorado School of Mines

Mia Pino, First year SAHE
Mentor: Jesse Perez, Assistant Director, MOSIAC/Program Director, LGBT+ Resource Center, UCCS

National Conferences cont.:
American College Personnel Association (ACPA): March 11-14, 2018 in Houston, TX

AACRAO: Advancing Global Higher Education: March 25-28, 2018 in Orlando, FL

Association of International Educators (NAFSA): May 27-June 1, 2018 in Philadelphia, PA

National Association of Colleges and Employers (NACE): June 5-8, 2018 in New Orleans, LA

Association of College and University Housing Officers-International (ACUHO-I): July 7-10, 2018 in Denver, CO
Welcome back! What has the past year looked like for you:

If I were poetic and creative I sense I would compose and submit lyrics for a country song. Married, new house, said goodbye to my faithful canine companion of 16 years, and recovering from a major health crisis. My entire being has been surrounded by more love and light than I knew was possible. Some of that light and love came from so many of you: SAHE faculty, alumni, and current students. I am so grateful for your wishes, gifts, cards, and physical presence! My heart and spirit are FULL! THANK YOU! I got to spend four months in Seattle pre/post stem cell transplant exploring the parks and outdoor spaces of Seattle, WA. Being in the presence of water and mountains served me well! Since coming home to Colorado in late July I’ve spent my days walking, hiking, binging on Netflix and YouTube, rediscovering food, learning to play to play the piano, and gorging myself on brain-based activities to recover cognitive function. For the past several months I have participated in two online courses presented by the Washington State Board of Technical and Community Colleges and UCCS Faculty Resource Center. The courses are teaching me how to create and design accessible, learner centered, online courses.

Describe your background and how you got into student affairs:

Residence Life and Housing at Colorado Mesa University covertly indoctrinated me in to the profession during my undergraduate years. I think Housing Pro Staff have a private society where they discuss ways to bait and hook undergrads for the profession. I blame them. During those 4 years I got to experience life as a Resident Assistant, Assistant Hall Director, Resident Hall Director and Intern. I also had the privilege to attend numerous IACURH, NACURH, and ACUI conferences. I was hooked! It occurred to me my first senior year that I could work in the profession. I mean how could go on without experiencing lock outs, retreats, middle of night fire alarms, conferences, and code 7’s (you’ll have to ask me). The timing was perfect. I had a heck of time getting through Math for Elementary School Teachers and was not enjoying the requirement of my internship of being around children. So, I dropped the K-12 pathway/degree to finish the Psychology Major/Biology Minor and graduated in May, 1999. My family insisted that I get out of the college environment and get a job to gain some “real” world experience. I acquiesced and secured a “real” job. Within a year I was D.O.N.E. with that nonsense. In the summer of 2000 I was fortunate to meet Dr. Mary Yates at a fundraiser. Mary recruited me to UCCS in Faculty Spotlight: Daryl Miller
2001 and under her leadership I served as Graduate Assistant in Campus Activities, graduated in 2003, and for 12 years worked in Campus Life and the Matrix Center for the Advancement for Equity and Inclusion. In 2013, I secured my dream job and currently in my 4th year serving as a Faculty Member and Counselor at Walla Walla Community College in Walla Walla, WA.

**Which SAHE courses do you teach?**

I get the opportunity to teach LEAD 5210: Counseling and Helping Skills in Higher Education and LEAD 5110: Culturally Responsive Practices in Higher Education

**How long have you been teaching for the SAHE program?**

Spring 2018 will be my 6th semester/year.

**What are you most looking forward to in the coming semester?**

This may sound altruistic but it is real for me: “Just” being ABLE to be in the classroom. Teaching and learning in this program is humbling and intrinsically rewarding. Recently I met with Tia Luber, UCCS Assistant General Counsel and Instructor for the Legal Issues course, to discuss connecting relevant content and co-develop a case study for LEAD 5110. We hope to prepare future SAHE professionals to participate in the dialogue and lead the way in advocating for the First Amendment and supporting the campus community when two disparate views of the world intersect.

**What advice do you have for current and future SAHE students and student affairs professionals?**

Total projection here: “Don’t take yourself so seriously.” You’ll have time for that seriousness later in your career. All kidding aside, what I propose is that we all foster an openness to challenging what we know; or what we think we know. In June 2016, I had the opportunity to be in the presence of the 14th Dalai Lama. His Holiness urged us to interrogate our truths, for those truths could lead to afflictions. I interpreted this message to mean that I needed to be a critic of my beliefs and truths. In grad school we have THE opportunity to challenge what we know, to interrogate our own thoughts, to be informed by multiple perspectives, and to expand in ways we didn’t know was possible. To help foster the aforementioned develop deep, affirming, and growth inducing relationships. BE VULNERABLE and GROW toward opportunities that make you EXPAND as a person. Oh, and EAT, SLEEP, LAUGH, engage in regular and consistent SELF-CARE.
This map is a representation of where our SAHE grads are working across the United States. Many are employed at institutions all over the state of Colorado— they simply did not fit on the map!