



University of Colorado
Colorado Springs

SAHE E-NEWSLETTER | SEPTEMBER 2017



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WELCOME FALL 2017 COHORT!

Carolyn Alvey
Rachael Clark
Andrea Diamond
Lori French
Trevor Hardin
Krista Herring
Kimberly Hinkle
Janessa Hollmaier
Stephani Hosain
Zachary Johnson
Alexandria Joo

Alyssa Landsberger
Tracy Neve
Mia Pino
Bradley Plesz
Antonio Robinson
Lauren Rundell
Ann Schwab
Kaitlin Shields
Jeffrey Turner
John Wooten
Briana Walls

ALUMNI SPOTLIGHT

Helen Lahrman graduated from the SAHE program in 2013 already having worked in fraternity and sorority life for the previous two years. Upon graduation, she worked as the coordinator of fraternity and sorority life at Northeastern State University and is now the Vice President of Campus Operations Midwest for the North-American Interfraternity Conference (IFC).

The North-American Interfraternity Conference supports 69 member organizations across the United States. It is Helen's job to provide resources to the members through advocacy and education. The IFC provides support to fraternities in three main ways: 1) education and programming in regards to alcohol abuse, 2) cultivation of the fraternity man and 3) fostering community readiness and increasing standards. Helen describes the "*cultivation of the fraternity man*" as the promotion of healthy masculinity and relationships among fraternity members.

Helen describes her typical day as being "*rooted in relationships*" and really values the opportunity to have a broader understanding of campuses and fraternities across the country. Much of her job includes time spent on outreach and connecting with friends who serve as fraternity advisors and checking in with student advisors.

She mentioned Student Development Theory, Budget and Finance, Counseling and Helping Skills and History of Higher Education as being the coursework from



the SAHE program in which she learned the most transferable skills. From Counseling and Helping Skills specifically, she learned how to listen and build relationships and support and hear what her students are facing.

According to Helen, History of Higher Education also goes hand-in-hand with the history of fraternities in the U.S. She says it also helps to have a foundation and understand where you're coming from.

Helen's advice for SAHE students seeking careers in Fraternity and Sorority Life is to take advantage of opportunities and lived experiences that you can draw from during interviews. She also says it is important to understand the culture of the place you are interviewing, what their challenges are and what you would do to implement change. Finally, she recommends finding a balance between what you learn in the classroom and what you learned through experience when seeking and interviewing for a job.

ANNOUNCEMENTS

2017 COHORT AWARDS

Each Spring, the SAHE students and faculty choose award winners for the year.

This year's recipients are:

Academic Achievement- Jenn Kuster

Hybrid Cohort Leader- James Foreman

In-Person Cohort Leader- Jessica Whelehan-Throw

Influential Educator- Dr. Eugene Wilkerson

Inspiration in Student Affairs Practice- Jesse Perez

Outstanding Service to the SAHE Program- Dr. Sandy Ho

SAHE Alumni & Student Job Updates

Lisa Cohe- Military Education Coordinator, University of Maryland University College

Cory Drucker- Resident Director, Mayville State University

Justin Elways- Dean of Community Outreach and Concurrent Enrollment, Morgan Community College

Brenna Ford- Assistant Site Lead NUin Program, Northeastern University

Chris Mellott- Assistant Director of Student Conduct, Gonzaga University

Kelsey Murray- Resident Director, Western Oregon University

Olivia Stanton- Enrollment Counselor, Colorado Christian University

New Graduate Assistantships

Andrea Diamond- Pre-Collegiate Office

Caitlin Huckfeldt- Dean of Students Office

Mia Pino- University Center

(More on page 4)

Upcoming Professional Development Opportunities:

Engaging in Professional Development and Professional Association Involvement

September 28

12-1pm

Columbine 3022

Doctoral Student Panel

October 19

12-1pm

Columbine 3022

College Personnel Association of Colorado: Careers in Student Affairs Institute and Student Affairs Bootcamp

Saturday, November 4th

Colorado State University

2017 NASPA IV-West Regional Conference

November 7-9

Lincoln, NE



Student Affairs
in Higher Education

UNIVERSITY OF COLORADO
COLORADO SPRINGS

Focus on: Graduate Assistantships

Andrea Diamond

Title: Graduate Assistant for the Pre-Collegiate Development Program- High School Outreach Coordinator

Responsibilities: supporting our undergraduate Transition Coaches (peer mentors) as they work to promote the academic and social-emotional development of the middle and high school students we work with in and around Colorado Springs.

"As someone who is new to working in higher education, I would say that my GA position supports my professional development because I have excellent and invested mentors. They take the time to explain the roles of a variety of functional areas of student affairs to me, and they introduce me to a lot of other student affairs professionals on campus. They also put into practice the student development theories that they learned about in the SAHE program, and share that information with me to help increase my understanding of the dynamics involved in working with our student employees."

Caitlin Huckfeldt

Title: Graduate Assistant for the Office of the Dean of Students at UCCS.

Responsibilities: Outreach and prevention programming, teaching CHOICES classes for students with first time alcohol or marijuana offenses, creating a student group to assist with programming ideas and events for the #SmartMoveUCCS campaign, etc.

"This Graduate Assistantship is contributing to my professional development by providing me experience in a public, four-year institution in the areas of event planning, programming, teaching and facilitating, and exposure to student conduct. I hope to continue to grow in the areas of student support and student conduct, so this is a great opportunity to get started in that direction."

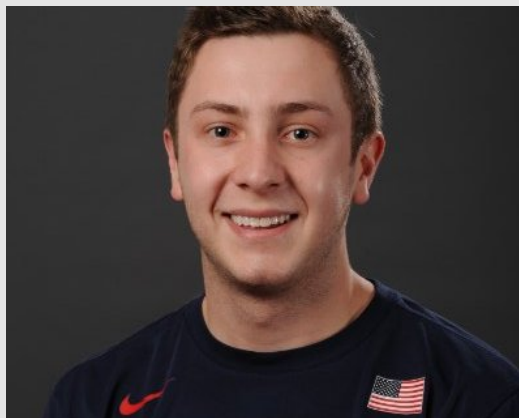
Mia Pino

Title: Graduate Assistant for Event Services Operations

Responsibilities: Supervise students at the University Center Information Desk, work closely with the Assistant Director of Event Operations to formulate a Student Development Plan which we'll pilot this year, hire and supervise new students for the front desk in our ENT Center for the Arts.

"It is a very exciting time for us in the Event Services department. A lot of the structure is changing and there is a lot of development opportunities for myself and for students. This role will really benefit my professional career because it gives me practical experience in student development. I am gaining leadership skills while being able to work on my personal coaching philosophy. This position also gives me a lot of contact with professionals around campus. I am able to connect with them and understand how they got into the position they are in today. Also, within our department, we participate on committees with specialized focus on different entities within the Event Services department. I serve on the Student Development Committee and the Student Staff Selection & Hiring Committee. I also have the opportunity to serve on any of the other committees that further contribute to my professional development. For example, the Department Policy/Procedures Committee that write all the policies and procedures for the department and make sure that they adhere to campus policies."

Taking the Practicum Experience Abroad



SAHE Grad Year: 2018

Location of Practicum: Manchester Metropolitan University (MMU)

My role first and foremost was on a learning and observatory basis. Since college athletics in the UK is fairly new and much different from the US, it was difficult to fully give me projects on my own without completely understanding the system. As a result, the first few weeks of the practicum were primarily spent shadowing my supervisor, Callum Jones, attending meetings, and connecting with people around the city of Manchester. For instance, unlike the US, college athletic programs are able to partner with professional teams around the UK. These partnerships are mutually beneficial to both organizations but need to be updated and developed as the school grows. Since the summer is the best time to do this, I attended meetings with teams like the Manchester Giants (Pro Basketball), Manchester City (Pro Soccer), and NGB's like Rugby Union and Basketball England. After a few weeks of learning the system, I was given some specific projects with the scholarship athletes at MMU who were applying to the school. I went through these athletes resumes and applications to give my supervisor a better idea of who would be a good fit for MMU athletics. Furthermore, I had communication with the applicants informing them on what they might need additionally to be accepted into our scholarship program. Additionally, I put together best practices on things like recruiting athletes in the US to give

MMU some ideas on how to improve their recruiting process.

Finally, I also did some work with the Sport Management program at MMU with students who were hoping to do study abroad programs in the US. More specifically, I put together a presentation on cultural norms at higher education institutions in the US and specific schools with details on the sports management programs. I then presented this to some students and faculty.

How did you find out about the practicum?

I was put in touch with my supervisor Callum Jones, through a former professor that I had during my undergraduate degree in Sport Management at UCCS named Spencer Harris. The practicum was not something that was already in place; however, since Callum and I had mutual interest in college athletics and basketball specifically, they opened one up for me.

Was there an application process?

There was not an application process; however, I did send over my resume and a brief personal statement about myself before I got accepted for the practicum.

What's the most memorable thing that happened to you during your practicum:

The most memorable thing that happened to me was getting a private tour of the Manchester City stadium. As a sports fan, seeing one of the wealthiest club in the world's facility up close was something that I will never forget. Furthermore, I was able to bring a former athlete of mine at UCCS over to MMU to continue his education with a master's degree, play for the university, and sign a professional contract with the Manchester Giants.

What is the most significant thing you learned from your practicum?

The most significant thing I learned from my practicum came on the sport participation side of UK higher education. Even though

Practicum Experience Continued

they might be behind on the top levels of sport, they do a much better job on the base level and getting students of all talent levels involved with sport and just being physically active on campus. Since I have also been working for the UCCS rec center, this is something I plan to take back to our school and develop.

How can others obtain a practicum experience like yours?

To be honest, I lucked out having a contact at UCCS who was well connected all over the UK, with that being said, I'm sure he would be willing to help future students who are looking for practicums in the UK as well. I will also stay connected with people at MMU for SAHE students who may want to take a similar path.

Did your classes in the SAHE program thus far prepare you for this practicum at all? How?

Since this practicum was unique in the sense of it being in the UK, it didn't always relate specifically to the SHAE classes thus far. However, classes like budgeting and finance came in handy while working with Callum on things like scholarship allocation funds from the university. Furthermore, things learned in the SAHE program specifically relating to advising were useful when communicating

with potential students at MMU and current students who were looking into studying abroad in the US. Furthermore, the study abroad class/ trip gave me the confidence to travel and a better understanding of the culture in the UK.

How did your practicum experience prepare you for your future career?

My practicum experience prepared me for my future career goals by giving me a full understanding of college athletics in the UK. After really enjoying the culture in this country, I could see myself looking for a job in college athletics here or potentially considering PhD options in Sport Management. It also expanded my contacts which may help me in the recruiting process as a college basketball coach.

Is there anything you wish you knew before you started your practicum?

The most difficult aspect of my practicum was balancing class at the same time. Looking back at things, I would have tried to get more of the online version of Statistic done early so I could focus solely on the practicum. Furthermore, I wish I would have known more about the Visa process in the UK. I applied for the wrong one and as a result, getting into the country initially was slightly difficult.

Introducing: Dr. Phillip Morris



Dr. Phillip Morris will be teaching LEAD-5310 Student Services Program Development & Evaluation this Fall and advising half of the incoming SAHE students.

He is an Assistant Professor and concurrently serves as the program director for the Office of Veteran and Military Student Affairs. He received his Ph.D. in Higher Education Administration from the University of Florida, after serving eight years in the Army and National Guard. In addition to his interests in veteran student affairs, Morris continues to serve as the director of student success grant funded initiatives focused on improving access to higher education and advancing instructional outcomes. Dr. Morris has published in journals such as Community College Review and Institutional Research Applications and has been a reviewer for The Journal of Higher Education.

SAHE TRAVEL TOUR 2018 LOS ANGELES, CA

FRIDAY, JANUARY 12 - MONDAY, JANUARY 15, 2018

COST: \$150

+ FLIGHT

\$150 will include a hotel (quads for 3 nights), transportation around L.A., breakfast at the hotel, all lunches, a trip to the Getty Museum, and admission to the Museum of Tolerance.

Participants will be responsible for their flight and dinners.

Experience higher education in Los Angeles, California!

As part of the travel tour, you will experience three institutions, a large, public research university, an independent Jewish university, and a private liberal arts college, learn how each institution supports their student body and supports their mission, and get to know your SAHE peers!



RESERVE YOUR SPOT ON MOUNTAIN LION CONNECT!

This trip is limited to the first 14 registrants. Registration opens Sunday, August 27th, 2017!

PAYMENT DUE: Monday, October 9th, 2017.

Please make a check out to Patty Witkowski (Columbine 3051).

QUESTIONS? CONTACT:

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ITINERARY

FRIDAY, JANUARY 12

Land at LAX before 11:15 AM

Check into hotel

Site Visit: American Jewish University

Dinner and free time: Westwood, CA

SATURDAY, JANUARY 13

Site Visit: University of California - Los Angeles

Visit the Getty Museum

Dinner and free time: Santa Monica, CA

SUNDAY, JANUARY 14

Site Visit: Occidental College

Dinner and free time: Pasadena, CA

MONDAY, JANUARY 15

Check out of hotel

Visit the Museum of Tolerance

Lunch and free time: Hollywood

Depart for airport at 3:00 PM

(recommended return flight at or after 5:00 PM)